

## SOURCES CRAVINGS

- <http://wyldeaboutthehealth.com/living-well/articles/dopamine-diet>
- <https://www.psychologytoday.com/blog/brain-wise/201209/why-were-all-addicted-texts-twitter-and-google>
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- <http://www.livestrong.com/article/261677-list-of-foods-high-in-tyrosine/>
- <http://universityhealthnews.com/daily/depression/8-natural-dopamine-boosters-to-overcome-depression/>
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- <https://www.entrepreneur.com/article/225356>